



Opera Menu

choose 2 courses for £19.95 or choose 3 courses for £23.95

TO START

chef's soup of the day

Carmarthen ham and melon salad

Perl Las soufflé, port and fig jam and rocket salad

smoked mackerel pâté with toast and horseradish crème fraiche

MAIN COURSE

rump of Welsh lamb with rosti dauphinoise, broad beans and peas

sirloin of Welsh beef, cottage pie, runner beans and turnips

lemon sole, cockle and prawn butter, sautéed puffin potatoes and spinach

wild mushroom pudding and watercress salad

TO FINISH

spiced bara brith parfait with Baravelli's marmalade

apricot frangipane tart with Sub Zero vanilla ice cream

summer pudding with Tŷ Tanglwyst Chantilly cream

selection of Wales The True Taste cheese
with Daffodil Cottage oatcakes

(£2 supplement)

SIDE ORDERS

rocket and parmesan salad 2.50, seasonal vegetables 2.50

Pembrokeshire mashed potato 2.50, skinny chips 2.50

freshly baked bread 1.50



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Bwydlen Opera

dewisiwch 2 gwrs am £19.95 neu dewisiwch 3 chwrs am £23.95

I DDECHRAU

cawl y dydd gan y cogydd

salad ham Caerfyrddin a melon

soufflé Perl Las, jam port a ffigys a salad berwr

pâté macrell wedi'i ffigu gyda thost a crème fraîche rhuddygl

PRIF GWRS

rymp o gig oen gyda rosti dauphinoise, ffa a pys

syrllwyn o gig eidion Cymreig, pastai bwthyn, ffa dringo a maip

lleden chwithig lemwn, menyn cocos a chorgimwch,
tatws Puffin wedi'u ffrio'n ysgafn a sbigoglys

pwdin madarch gwyllt gyda salad berwr y dŵr

I ORFFEN

parfait bara brith sbeis gyda marmalêd Baravelli

tarten almon â bricyll gyda hufen iâ fanila Sub Zero

pwdin haf gyda hufen Chantilly Tŷ Tanglwyst

dewis o gawsiau Cymru Y Gwir Flas
gyda bara ceirch Daffodil Cottage
(£2 ychwanegol)

YN YCHWANEGOL

salad berwr a pharmesan 2.50, llysiâu tymhorol 2.50

tatws stwnsh Sir Benfro 2.50, sglodion tenau 2.50

bara wedi'i bobi'n ffresh 1.50



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